THESIS ABSTRACT

Traditional Chinese medicine (TCM) healing arts forming an integral part of Chinese culture has long been in practice in our Asian culture. It believed in the harmony of nature, the "oneness" between heaven, earth, and man, the so-called "three forces". "Heaven, Earth, and I are living together, and all things and I form an inseparable unity". (by Chuang Tzu). Today, after we have made great achievement in science and technology, probably because its "natural" identity, TCM becomes increasingly popular, even in western countries. With its distinctive theory, it emphasis is on spiritual well-being and natural curatives. Due to distinct underlying differences and principles of these two practices. This thesis attempts to explores possible way to promote TCM and by exploring the philosophy behind it, find possible solution for the idea healing of both the mental and physical well-being within our local context and urban condition, to address the relationship of human being and its environment.